

THE SUVIDHA REVIEW



Winter, January 2022

From the MD 3

Suvidha Story 4

Readers' Contributions 7

Photography Corner 9

News & Events 10

EDITOR'S NOTE

While the pandemic continues to cramp all our lives TSR is trying to do our bit to cheer you all. Wishing everyone of you a healthy, happy 2022!

This issue, the first this year, provides you accounts of the limited number of events we could have in the past quarter along with your favourite reading and pictorial material for your information and entertainment.

Team TSR thanks all the readers who write to us and encourage us. You are our inspiration and reason to continue to strive to bring you TSR every quarter.

I request every one of you to write to us and share your inspiring experiences - pandemic or not, whether you are living in Suvidha or elsewhere! We would love to feature your articles, artwork, photos and more. Let us make TSR a true delight for every reader! As one of our Directors wrote, TSR can be used to market Suvidha to new shareholders!

Please do keep your comments, suggestions and contributions coming!

Have a wonderful year ahead!

Happy reading!

Latha Krishnan

EDITORIAL TEAM

Latha Krishnan (LK)
Dr. P M Chandrasekhar (PMC)
Geeta Jaisim (GJ)

Layout & Design
J Gopalakrishnan (JGK)

CONTENTS

3 From the Managing Director

4 Suvidha Story - Atlantis

5 Open House on Healthcare Services

6 Suvidha - Trees and Avenues

7 Travel During Pandemic

8 Book Talk - Kallu karaguva Samaya

9 Photography Corner

10 News and Events

12 Staff News

13 Remembrance

15 Readers' Response

Useful Information

ABOVE: A beautiful tiny wild flower in Suvidha

COVER: Torch Ginger Flower (*Etlingera elatior*) breaking into bloom at Suvidha Nursery

PHOTOS: J GOPALAKRISHNAN

FROM THE MANAGING DIRECTOR

Dear fellow Suvidha members,

I Wish you all a very Happy New Year! May we all enjoy good health, happiness and peace in the new year.

As your new MD, when I look back at the last quarter of 2021, I can say that working with the Board of directors has overall been a positive experience with some significant developments that I would like to share with all of you.

We had a very successful Open House conducted by the Board on December 19, 2021. It was for the first time that we had a hybrid format Open House with a live audience as well as shareholders attending on the Zoom platform. The primary objective of the Open House was to share with you a solution worked out by the Health Committee to provide comprehensive healthcare services to the Suvidha community. The presentation on it was well received and I thank you all for your queries, inputs and participation in the Open House and making it a success.

RBI Compounding, which has remained unresolved for years, has been addressed effectively by our director of finance, Mr Sreeramaiah, and chairperson of Office Committee Geeta Jaisim. We have been able to meet with the GM of RBI to work out the required formalities to be completed from our end. We are confident that we will be able to bring this matter to a close within the next 4 months. This will be a relief to all the shareholders affected by it.

Our cultural committee along with some of our enthusiastic and supportive shareholders have been instrumental in making our Karnataka Rajyotsava and Christmas memorable celebrations with good participation. I would like to commend the cultural committee and all the participants for their dedication and hardwork.

We are all well aware that we are entering the 3rd wave of Covid 19 pandemic with the new variant Omicron spreading at a very fast pace. It is a cause of concern for

all, especially for a senior citizen community such as Suvidha. Our Health & Well-Being Committee is periodically issuing revised Covid safety guidelines that are in line with the same as issued by the Govt of Karnataka. I urge everyone to strictly follow these guidelines to ensure that all of us remain healthy and safe until we tide over the impact of this pandemic.

I have always believed that the new year brings with it new hope, new ideas, new thoughts, new goals and also new challenges. How successful we are in accomplishing all these to make the year ahead a successful one, depends on our approach and attitude.

As we enter this quarter, we have several targets that we would like to achieve. The following are at the top in our list:

1. Signing off of the agreement with Relex and BGS for Healthcare services and making them operational.
2. Completion of RBI Compounding and settlement of related payments to remain compliant with FEMA regulations.
3. Putting SOPs in place and implementing the same at various levels for the functioning of the board and also all the committees.
4. Implementing the initiative of the maintenance committee with the help of Mr. Rajendran of cottage 99, to have the fibre optic cabling for broadband connection to all cottages by BSNL at no cost to Suvidha.
5. Exploring revenue generation ideas and working out proposals for the 3 acres of land and Clubhouse and also exploring organic farming within Suvidha.

I would like to thank all the board members, the committees, residents, the staff and the workers for their support and hard work in making all our day-to-day functioning in Suvidha easier and smoother.

Wishing you all well with warm regards,
Stay Safe and Stay Healthy

Venugopal Shetty



The Suvidha story continues in a different voice this time. We had told you in the last issue how the land was acquired. This issue gives you the process of acquiring, planning and construction of the Village (Atlantis) in a genial, whimsical, almost lyrical fashion that only a genius like our architect Prof. Krishna Rao Jaisim can give us. Here it is in Jaisim's own words:

Atlantis Suvidha – Ponderable

Setting up the right place with the right environment...

Prof. Jaisim Krishna Rao FIIA FUWA

In the beginning of this century a few pondering minds started thinking about setting up the right place with the right environment for elders after retirement. After many searches, many dialogues and in-depth evaluation, this idyllic land was conquered. In a manner of speaking, it is a Gift.

The core started the next step and after many sittings and evaluations, came up with the concept. None owns anything; everyone participates to the extent of one's ability.

I had seen this land along with the hundreds of acres around it with many a big wig for many dream projects. I am happy that SUVIDHA finally happened. The terrain was and is a challenge. But that is what creative architecture is about. Many a dialogue later the type of setting was arrived at. In-depth meetings with models and presentations of many ideas and alternatives were presented to the founders, who finally agreed unanimously on the Atlantis concept (as described in Ayn Rand's novel *Atlas Shrugged*) and the physical work started.

The challenging contours of over hundreds of feet and magnificent views posed many challenges and the fusing of elements and senses were realized with the cooperation of one and all. There were



Suvidha Lake in the making

hardly any trees; just a few streams flowing through the bare land. The lake was the first priority and the earth from it created the walk bank on the far side while dividing the overall phase into residential and community space took clarity.

Fortunately, Jaisim Fountainhead had the experience of having been involved with a few similar projects for the elderly like the SECOND INNINGS and SENIORS HOME, which added value. The cottages would have an identical foot print except for the minor changes challenged by the location.

Stilts were adapted for the contours' sake and to prevent direct sitting on the ground. Sloping walkways with minimum steps were adopted. These walkways fused exercise and fun to challenge walkers. The founding mothers and fathers also planted saplings which have become trees now.

The main freedom to all was to not change the outside or build above or below but be free to do whatever one wants in the interior. A few integrated twin or double cottages and many interesting design details evolved. These expressed the individual personality of the occupant without disturbing the commonality.

Nearly two decades later it has become an idyllic seniors' home and space and with changes challenging the

initial concept but accepted as part of growth and change of times which gives expression to SUVIDHA as a dynamic living home for seniors. I wish more communication

happens, whether held back by COVID or not. In the future under enterprising managements, Suvidha will surely make elder living dreams come true.

Geeta and I enjoy this space and our home as our dreams came true living here.

*Jaisim (Cottage 126)
lives in Suvidha*



Jaisim sharing a light moment with Dr. Shekar during the construction as Geeta looks on



Bird's view of the Suvidha Project as the structures come up

Photographs from Suvidha Archive

Open House on Healthcare Services

Towards 24x7 healthcare services to Suvidha Residents

The first of its kind in the history of Suvidha, a Hybrid Open House took place on Sunday 19 December 2021. About 50 Suvidhaites attended the Open House in-person at the Clubhouse while the rest and specially those not living in the Village participated virtually via Zoom. The main agenda of the Open House was for the Health Committee to put forward a proposal to provide comprehensive healthcare services to the Suvidha community in collaboration with RELEX and BGS Hospital.

The audio-visual presentation by the Health Committee chairperson and by RELEX, the healthcare aggregator was not only informative, but also practical and was well received by all including the doctors in the audience. The highlight of the presentation was the demo video by RELEX on attending to medical emergencies using 24x7 nurses being guided by a qualified doctor from a pool of 280 and available for consultation 24x7.

For services in a hospital Suvidha will sign an MOU with BGS Hospital whereby Suvidha will become a corporate client of BGS Hospital. This will provide us the following advantages:

1. Prompt response in sending a well-equipped and properly staffed Ambulance
2. As BGS Hospital is about 10.5 KM away; response time will be 15-20 minutes
3. BGS Emergency Doctor will coordinate with Suvidha Nurse for interim treatment
4. Emergency Hospitalisation with minimum fuss and paper-work for all Suvidhaites
5. No Demand for any Advance Deposit for the first 24 hours of Emergency Care
6. Regular Updates for inpatient care will be provided to our Nurse by treating Doctors
7. Discounts of 15% - 20% on their Facility & Service Charges for Suvidha Residents &

shareholders

8. As Corporate Customer, Suvidhaites will get BGS VIP Lounge Facilities and Assistance for OPD visits

“As you are all aware, one of the biggest challenges that we have been grappling with over the years is the challenge of providing healthcare services wherein the resident senior citizens have access to services such as periodic medical check-ups and lab testing, supplying and replacement of prescription drugs and more importantly emergency healthcare services.

“The Health & Well-Being Committee has been working very hard and have been successful in identifying and finalizing the services of RELEX, and BGS Hospital especially after the positive response for the same during and after the Open House.

“We are in the process of completing the formalities of signing of the agreement/MOU with the parties this month. I would like to highlight here that the above services by

RELEX and BGS will not impact the MF,”

affirms our MD Venugopal Shetty, who also listed the advantages of having such a service operating in Suvidha:

1. The proposal addresses the biggest concern of super senior citizens- timely and effective medical attention to medical emergencies.

2. It is important for all of us to understand the value addition the implementation of such services can bring. The success of this technology driven service through effective implementation and management will catapult us into the position of one of the most desired premium destinations for senior citizen living.
3. In the years to come every person who decides to spend time in Suvidha will not only enjoy the peace, tranquillity and the outstanding natural beauty, but also will have the peace of mind to have an outstanding healthcare service to cater to all their needs including emergencies.



RELEX offers the following services and benefits to Suvidha:

- Will provide qualified, trained and experienced Nurses to Syuvidha Health Centre
- Day-Duty Nurse & Night-Duty Nurse will ensure 24/7 x 365 days support to residents
- Will have a “Back-Up” Nurse to fill in on the regular Nurses weekly Off / Leave day
- Will provide administrative support and supply of Medicines to Health Centre
- Single-Point Assistance for all medical care and patient support will be provided by Nurses
- Will provide Guidelines for management of common health problems and emergencies expected in a senior citizen complex
- Will provide Emergency Response Team training
- Suvidha Health Committee will create a list of Duties & Responsibilities of the Nurses.

Suvidha - Trees and Avenues

Jacaranda Main Street

Jacaranda mimosifolia or the Jacaranda is a sub-tropical tree native to south-central South America that has been widely planted elsewhere because of its attractive and long-lasting violet-coloured flowers. Most of the

blooming is in late spring/summer, but in warmer areas, the tree can flower at any time. When they bloom, they make the area into a purple bower, strewn with their soft flowers.

The main street of Suvidha is the main Jacaranda area and has been named after the tree. We have 49 Jacaranda trees planted around Suvidha for their beauty and shade.



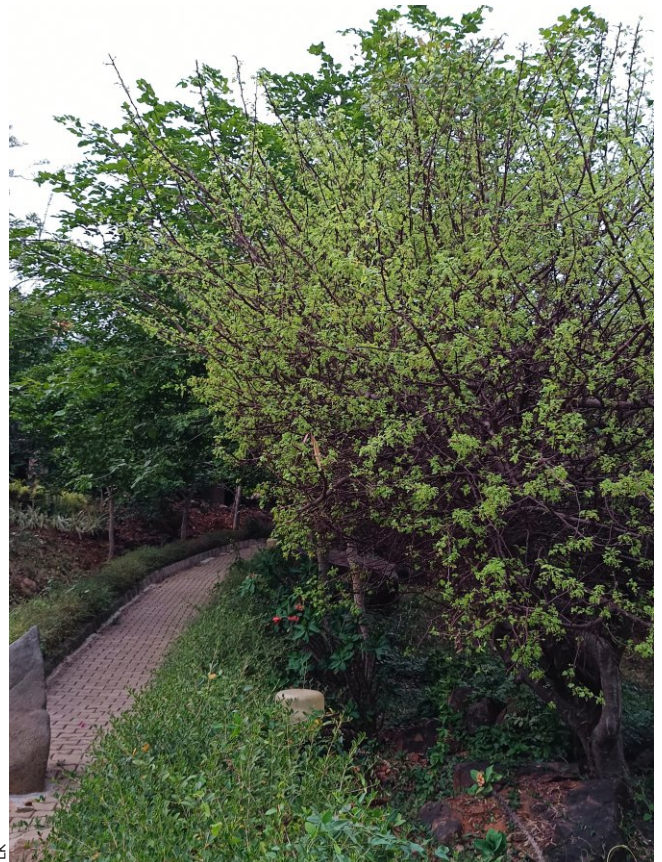
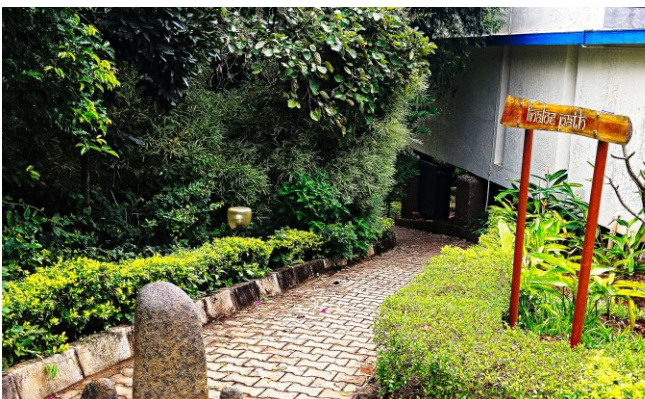
Jacaranda Main Street

Linaloe Path

The linaloe tree or *Bursera delpechiana* is a tree species native in Mexico and widely cultivated in India. The tree is also known as Indian Lavender tree because of its odour being similar to lavender. It has fragrant flowers that bloom during April and fragrant leaves. It is widely utilized in the perfume industry due to its essential oil.

There is only one tree in Suvidha and being a male tree, it does not flower. This beautiful Linaloe tree is at the end of the small path that connects the parking lot to Jacaranda Main Street and the Arjuna Bridge below and gives its name to the Linaloe Path.

Linaloe Path and the lone Linaloe Tree (right)



READERS' CONTRIBUTIONS

Travel During Pandemic - Visit to Kerala

Text and Photographs: Sharada Sriram

In December, Sriram and I visited Kerala. We took a day train to enjoy the scenic crossing of the Palghat Gap. We were guests of Latha and Gopal, in Aluva, at their lovely apartment on the banks of the Periyar

Kalady.

From Aluva, we travelled to the Thattekkad Bird Sanctuary which is known as the richest bird habitat in peninsular India. The region is an evergreen low-land forest located

the male fairy bluebird, a resident of the Western Ghats.

We then moved southward to the Varkala Beach, which has the only cliff near a beach in Kerala, known as the Varkala formation. We stayed on the



Adi Shankara Janmabhoomi Kshetram, the birthplace of Shankaracharya in Kalady



Asian Fairy Bluebird in Thattekkad

River, the longest river in Kerala.

In Aluva, we visited the famous Shiva Temple and also the century old memorial to Adi Shankara at nearby

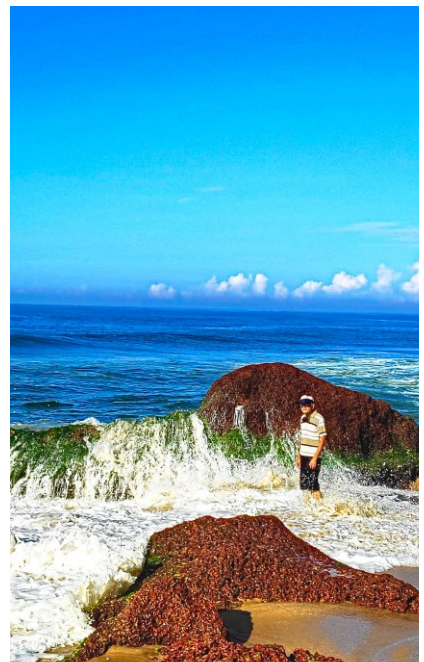
between the branches of the Periyar River. We stayed overnight at the Tattakkad Bird sanctuary, and spotted a number of new friends. One of them is

cliff and climbed down to the beach.

Varkala has a 2000-year-old Janardhana temple, built during the
CONTINUED ON ► PAGE 7



2000 year old Janardhana Swami Temple in Varkala, Kerala



Varkala Beach

Travel During Pandemic

Chera period.

From Varkala, we travelled to Thekkady, where the Periyar Wildlife Sanctuary spread across over 700 sq. km of thick evergreen forest, is situated. The splendid artificial lake formed by the Mullaperiyar Dam across the Periyar River adds to the charm of the park. The greatest attractions in Thekkady are the herds of wild elephants, deer and bison that come down to drink at the lake. We spotted plenty of elephants, deer, boar, and birds.

Thekkady is also considered a haven for natural spices



Elephants in Thekkady



Athirapally Water Falls

such as black pepper, cardamom, cinnamon, nutmeg, nutmace, ginger, and clove

We then proceeded to Athirapally where the Athirapally Falls cascaded down majestically with a lot of water after a good monsoon. We then visited some friends, before returning home.

Sharada Sriram (Cottage 140) lives in Suvidha

BOOK TALK

Kallu Karaguva Samaya Mattu Itara Kathegalu - When the Stone Melts and Other Stories

J. Gopalakrishnan

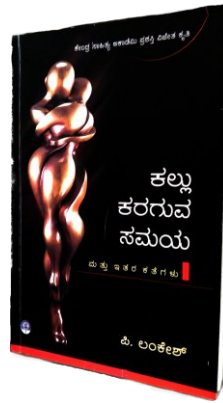
Winner of the prestigious Kendra Sahitya Akademi Award in 1993, *Kallu Karaguva Samaya Mattu Itara Kathegalu* by P. Lankesh is a collage of seventeen stories that uncover the subtle realities of politics, untouchability, morality, alienation and other cultural conflicts in India of the 20th Century.

Daha depicts the story of a man's thirst for womanising and the tragedies caused by it, *Kritagnathe* reveals the self-denying restraint of Nirmala's morality; *Ondu Bagilu* deals with the exploitation of marginalized people in the villages. *Kanmare* depicts the growing rebellion of a young and educated Savithri, *Muttisikondavanu* deals with Basalinga's traumatic encounter with Thimmappa, an untouchable doctor, *Sahapatthi* narrates the complex caste conflicts, tyranny and dilemma of a feudal landlord, *Urida Oorinavaru* explores the spontaneous love of Girija that burns down the evil forces of the village; *Vrikshada Vyakti* deals with Parvathy's irresistible bond with a Coconut Tree; *Thottadavanu* deals with Thammanna's self

realization and his quest for the meaning of life, *Kallu Karaguva Samaya* narrates the adamant but nourishing affection of Shyamala that wins over the dalit Thippanna and its tragic consequences and *Stella emba Hudugi* deals with the exploitation of women and the alienation it causes.

With a deep understanding of the multiple layers of society combined with the strength of a keen observer, eminent Kannada literary and cultural figure Lankesh uncovers the existential dilemma and struggles of the various characters in these reflections on life's failures and fulfilments.

P Lankesh (8 March 1935 – 25 January 2000) was a poet, fiction writer, playwright, translator, screenplay writer and journalist who wrote in the Kannada language. He was also an award-winning film director.



Kallu Karaguva Samaya mattu itara kathegalu
P. Lankesh

Lankesh Prakasana, Bangalore
Seventh Edition:2012
Pages: 158 Rs. 150

J. Gopalakrishnan (181B) is a Keralite living in Suvidha and has developed a passion for Kannada Modern Fiction after retirement

Drops of Water, Dollops of Happiness

"In one drop of water is found all the secrets of all the oceans" - Khalil Gibran

Text and Photographs: Rajeswari Subramanya

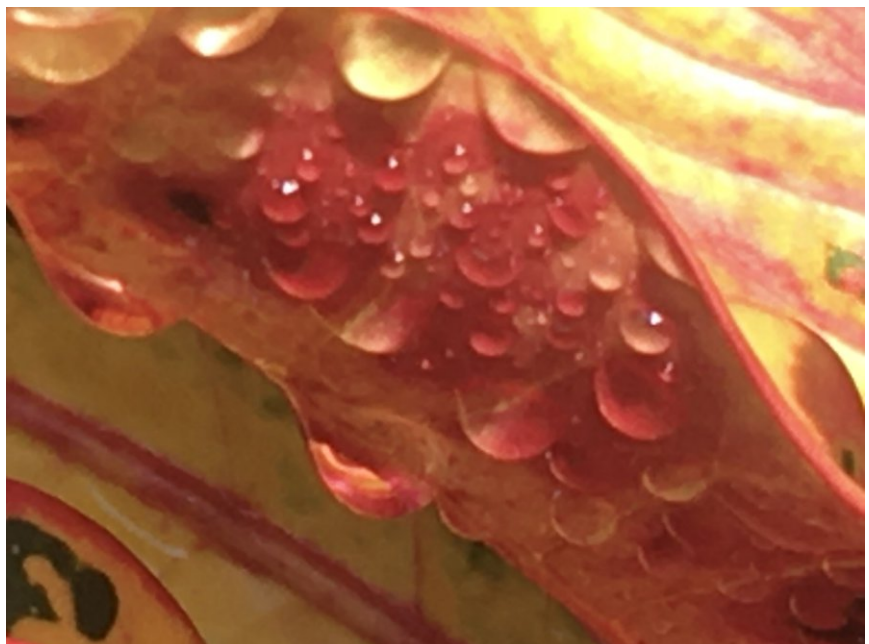
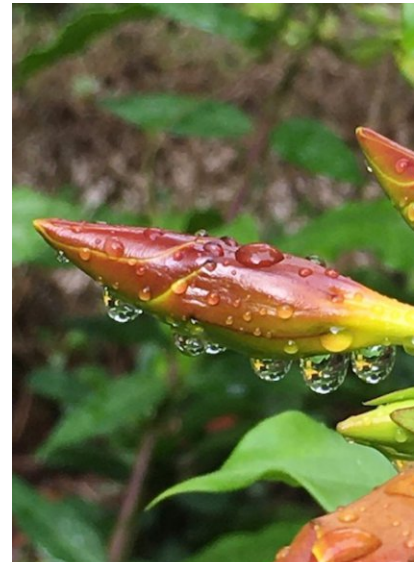
Since 2015 I have been clicking pictures on my iPhone. When I joined the Suvidha Nature Group in 2018, the encouragement I received from Mr. Ashok Dey and other

members who posted fantastic pictures became my inspiration to click more pictures. First the iPhone 4, then the iPhone 6 have been the tools to express my love for Nature in all Her variety.

I have always been extremely fascinated by drops of water glistening in the sunlight on leaves, plants and

flowers. I feel happy and exhilarated when I hear or see water flowing or in drops. And I would like to share that happiness through the pictures I take of these drops of water. I am fortunate to be living in Suvidha away from the city and among loving friends. Now I have started using the new iPhone 13 Pro Max and hope to click better pictures.

Rajeswari Subramanya (Cottage 56) spends her time between Suvidha and New Jersey, U.S.A.



Kannada Rajyotsava Celebrations in Suvidha



Veeragase Folk Dance by Lokesh & Party from Tumakuru

November 1, 2021

Sunset Club of Suvidha has been at the forefront of organizing the celebration of Kannada Rajyotsava (Karnataka Formation Day) on November 1st at Suvidha every year since 2014. This year too the Rajyotsava was celebrated with colour, vigour, and fervour! From the entrance of Suvidha till Sunset Club, yellow and red flags and bunting added more colour to the green environs of Suvidha. Cultural troupes such as *Veeragase* and *Dollu Kunita* brought in vigour and energy to all who attended with their spirited performance. Fervour came in the

form of the love for the Kannada language and Karnataka. The procession of Karnataka deity Bhuvaneshwari was flagged off by our Founder Chairman Dr K. S. Shekar. Later the Karnataka flag was hoisted by Mr. P.K. Nayak followed by his speech where he shared interesting anecdotes and background history on the formation of Karnataka state. This was followed by a speech by the MD and concluded with Vote of thanks by Mr C B Prabhakar.

Complimentary breakfast and many of us dancing energetically to the music made the morning all the more special and memorable.



Dollu Kunita by Mahesh & Party



Bhuvaneshwari Devi Procession



Residents and staff enthusiastically participating in the Bhuvaneshwari Devi Procession



Sugama Sangeetha in the evening by Seema Raikar & Team

Photographs by LATHA KRISHNAN

Padmashri Tulasi Gowda visits Suvidha

November 11, 2021

Padmashree Tulasi Gowda graced Suvidha with a visit to our village to get the blessings of her mentor Sree Yellappa Reddy (resident of Cottage 117) and father of Jyothi Kumar (Cottage 115C).

In spite of it being a rainy morning, the skies cleared when Tulasi and her small retinue of three relatives and a few officials came to Suvidha. Due to the ongoing Covid restrictions there were just a few Suvidhaites to meet her. Sree Yellappa Reddy and family, a few friends from Bangalore Environment Trust of which he is Chairman, Maya Chandra of Maya films and her crew were all in attendance at the small event. Breakfast was served to all and then she took a walk down to the lakeside and sat talking to Sree Reddy while

taking time to answer some questions and posing for photos.

Tulsi Gowda (b. 1944) is from Honnali village, Ankola taluk in Karnataka. She has planted more than 30,000 saplings and used to take care of the nurseries of the Forest Department. Despite having no formal

education, she has made immense contributions towards preserving the environment. She is known as the "Encyclopedia of the Forest" and "Tree Goddess" because of her extensive knowledge of the forest and all the plants that grow within it.



Some Suvidhaites with Padmashri Tulasi Gowda

[Please click to watch a short documentary on Tulasi Gowda's visit to Suvidha - "Goddess of Forest- Padma Shri Tulsi Gowda | Shri. A. N. Yellappa Reddy" by Maya Films](#)

Birthday Remembrance of late Pushpa Prabhu

December 7, 2021

Devidas Prabhu observed his late wife Pushpa's birthday at the Pushpanjali Mantapa and the grounds around it for all Suvidha

residents and staff with a small get together party. The program started with a

prayer song by Mrs Geetha Raju followed by bhajans by the Suvidha Bhajan Group. Mr. Prabhu then spoke to the gathering to thank them for attending and their support. Yummy snacks from Suvidha cafeteria

concluded the evening of prayer and music for our beautiful and blessed Pushpaji, whom all of us remember with love.

Photographs by: PRATIMA SHETTY



Suvidha did Jingle All the Way! Christmas Eve Celebrations at the Clubhouse

December 24, 2021

Dasher & Dancer, Prancer & Vixen, Comet & Cupid, Donner & Blitzen and of course the favourite member of Santa's Reindeer Band; Rudolph the Red-nosed Reindeer arrived in Suvidha amidst the challenges posed by Omicron and Corona! Luckily the 7 days of quarantine did not apply to them!

At the Clubhouse the prettily decorated Christmas Tree, the tables set with fresh cut flowers from our

garden and little twinkly lights gave a festive look to the dining hall. About 47 Suvidhaites had pre-registered and attended this event following all Covid Safety Protocols.

The selected movie with a Christmas Theme was: "The Holiday" a romantic comedy starring the charming Kate Winslet and gorgeous Cameron Diaz as the leading ladies. This unique dinner cum movie entertainment was thoroughly enjoyed

CONTINUED ON ► PAGE 12



C. B. PRABHAKAR

Christmas Eve Celebrations at Suvidha Clubhouse



by all. Suvidha Kitchen provided steaming hot “Bisee-bele-Bhath” accompanied by crunchy Boondi, Tangy Raitha and yummy Daal-Vadas. This was followed by a slice of Koshy’s Special Christmas cake washed down with hot Badam Milk.

During the extended 30 min movie interval, Suvidha Serenaders performed for the audience. There was Karaoke style popular Carol Singing,

Classical Line Dancing and Christmas Polka too. The show was much appreciated and enjoyed by all; performers and audience alike!

Thanks to the Board of Directors and members of the Suvidha Cultural Committee for this Event.

Photographs by C. B. PRABHAKAR



NEWS AND EVENTS - SUVIDHA STAFF

Donation of sugar and ghee to Suvidha Staff

October 12

Saras and Ravi Subburaman of Cottage 16 gifted 2 kg sugar and 1 kg ghee for the festival season in October to all staff members. Pushpa from our office gave away the bags.



Sthree Shakti – all women staff welfare event

October 18

They sang, they danced, they created colourful rangoli, and they had high tea and received prizes and gifts – an evening to remember for all of them! For whom? Our lady staff members!

Housekeeping, Landscaping, security, office and health centre ladies all came together to entertain and delight Suvidha resident ladies, who encouraged and supported them whole heartedly. Dr Nilima Kadambi, Bharti Sastri, Aditi Prabhakar, Prathima Shetty, Meena Badami, Dr. Gomathi

Narayanan and Pushpa from the office ensured that all the dancers and singers got the time to practise and rehearse all the activities. The singers were trained by Mangala Amma, who also led the Satsang group's rendition of

some melodious bhajans. Nilima and Pushpa conducted the evening's proceedings with elan! Satya Prabhakar spoke in simple clear

Kannada to the members explaining the power of women who can be Durga, Parvati and Saraswati according to the situation in which they are placed. Prathima thanked the happy gathering of smiling women everyone of whom had a good time. Cheers to Sthree Shakti!

Photographs by LATHA KRISHNAN



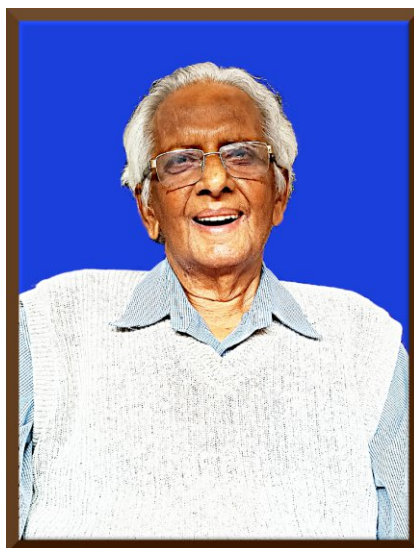
REMEMBRANCE

Ram Mohan Rao (1931 - 2021)

Satish Rao

The Raos and Suvidha families experienced a sad loss recently. My brother Ram Mohan Rao - or Puttu, as we knew him in the family left for his heavenly abode on November 19, 2021. Knowing him as many of you did only in his twilight years, it would be hard for you to picture the young, handsome, vibrant Puttu with his diverse talents and fun-saturated life.

As our eldest brother and mentor, Puttu was always the pioneer in everything we six siblings accomplished. He was the first artist in the family, talented in water colours, oils, and batik. (He inspired my



hobbies of painting and batik). Puttu the writer was the first to contribute humorous articles to his college magazine; many of us siblings later became prolific humorous writers for leading periodicals and newspapers in India and abroad. Puttu was a table tennis champ at Benares Hindu University, widely feared for his lightning "backhand flick", and trained briefly under world champ Viktor Barna. (My table tennis career was inspired by his success; I was later captain of the IIT-Kharagpur team).

Puttu was the first in our family to venture abroad, with an engineering scholarship to Sheffield, England in 1956, when overseas travel was a thing of wonder. He later lived awhile in

CONTINUED ON ► PAGE 7

Russia and spoke Russian. He excelled in sports, especially hurdles, pole vault, and high jump (inspiring me to make feeble and unsuccessful attempts at those sports). He was a melodious singer of nostalgic English songs, and introduced an incessant variety of songs to the family repertoire. This love of music, too, all of us have adopted, and my brother Jagdish is now an internationally popular YouTube singer.

Puttu was an accomplished mouth organist, an early user of the push-button "Chromatic". Even just days before his sad passing, with aging lungs he pulled off a few melodious lines on his Chromatic! (My brother Harish has adopted his fine mouth organ talents). And the list goes on ... Now, if that isn't the definition of

a role model, what is?

Idyllic Suvidha was an apt and comforting place for him to relish his last years. One of the earliest settlers in Suvidha, it was he and Vidya who persuaded Suchetha and me to buy a cottage, soon after they bought theirs around 2009. Ever since, on each of our visits we could count on his and Vidya's cheerful, entertaining company; we savoured many a glass of port following our evening walks, sharing nostalgic memories of a colourful life together and bemoaning the tribulations of advancing age.

He was serenely content in Suvidha, and to the very end would huff and puff his way to the canteen for breakfast, always eager to share a sampling of his time-tested jokes, and his stories from Scindia School in

Gwalior, memories from his time in Sheffield and Moscow, and his travels through Europe. Always dapper in attire and mild-mannered and friendly in nature, he shunned the lively Suvidha debates, choosing instead to cultivate amicable relationships with all, and enduring friendships with a chosen few.

Having lost their son Raju only two years ago, Puttu leaves behind his wife Vidya and daughter Nina. A loving brother, a wise mentor, and a devoted husband and father ... we will certainly miss Puttu, aka Ram Mohan, and I am sure those of you who knew him will, too

*Satish Raw (Cottage 67)
lives in Ontario, Canada*

Tribute to Ram Mohan Rao

Srinivas Chari

We are saddened to hear that our old friend and comrade Ram Mohan has passed away. I have had the good fortune to know Ram Mohan for many years beginning from the time in the mid-1940s when we were in a boarding school together. Though he was some years my senior, he was one of those we all looked up to and wanted to emulate. His smile and friendliness, then as later, won him many admirers.

My second encounter with him was

in Rourkela when I joined the steel plant as an engineer and came across him as one of our seniors in the Design department. He and his vivacious young wife, Vidya, were among the most popular couples in our town. Soon I got married too and they were our first dinner guests along with a common friend from our schooldays. In Rourkela, as elsewhere, his good humoured charm won him many friends.

After a few years he left for Ranchi to the head office, and I also left for Mumbai for another job. Our next

reunion happened after we had both retired and met in Suvidha. Ram Mohan and Vidya had also bought a cottage and later rented one. He still had his disarming smile and friendly humour. We took many walks in the park-like setting of Suvidha and talked of old friends and of the life we had led in many countries. Ram Mohan was indeed a man for all seasons.

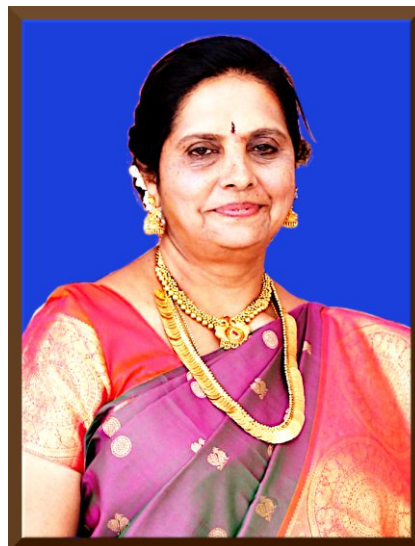
*Srinivas Chari (Cottage 87)
lives in California, U.S.A.*

Vinaya Nandish (1963 – 2021)

Mrs Vinaya Nandish, wife of Dr V.L.Nandish, Director of Suvidha, (Cottage No.98) passed away on November 27, 2021, following long illness.

Born in 1963, Mrs Vinaya grew up in a Coffee Plantation in Malenadu, and moved to Mandya after her marriage to Dr Nandish in 1984. She was a devoted mother to her children Amogh and Anusha and a supportive wife who was the inspiration for the free clinic run by Dr Nandish. She was a beloved friend to all those who knew her.

Vinaya was always cheerful and ever smiling. Vinaya was also strong and very bold. As the saying goes, Vinaya has been the Lady behind the success of Dr. V L Nandish. She was a



support to Dr. Nandish in not only managing the errands at home but was managing the affairs of his free clinic for the underprivileged and other affairs. Dr Nandish is well-known as a philanthropist and is a greatly respected medical practitioner in Mandya.

She was a loving daughter, a supportive wife, doting mother and grandmother. She will be missed dearly by her family.

READERS' RESPONSE

Read through the TSR.

Wanted to tell you beforebetter late than never – love everything about it – the format, the writing, the vibrant colours- a Class apart

Best wishes always,

Saras Subburaman, Cottage 16
Mysore, India

TSR is a great newsletter full of information, wonderful pictures and reading pleasure. I liked the book talk especially. Gopalakrishnan has written very well about the Kannada classic Samskara. It is amazing that he was exposed to Kannada only 3 years ago.

His love for Kannada language and literature shines through the short piece. The link to the movie is a bonus. Well done indeed to Gopal and team TSR.

Ratnakar, Cottage 122
Suvidha Retirement Village

Excellent production!

Prof. Krishna Rao Jaisim, Cottage 126
Suvidha Retirement Village

Beautifully done as usual.

Congratulations!

Iris Rajiva, Cottage 76
Suvidha Retirement Village

The Suvidha Review issues are getting

better and better!

Great layout and photos.

We can use the Suvidha review to market Suvidha.

Keep up the good work.

Ashok Shanthamallappa, Cottage 165 & 166
Bangalore, India

Congratulations to the entire team of TSR. Both of us read it with pleasure.

Fantastic work! Keep it up.

Geetha and Major Sudarshan, Cottage 42
Suvidha Retirement Village

I wait for TSR. It is good to read and all the pictures are good. Thank you.

Chandra Lakshmi Pathy, Cottage 10
Suvidha Retirement Village

USEFUL INFORMATION

Please click on the company logo for details.

DEMENTIA, PALLIATIVE AND GERIATRIC CARE FACILITIES



Sukino Healthcare

+91 76762 99000

Managed Home Care | Rehab Care
| Palliative Care



Kites Senior Care

+91 99800 67000

Transitional and Rehab Care |
Palliative Care | Dementia Care



NIKISA
Healthcare Services Pvt. Ltd.

NIKISA Dementia Village

+91 99450 90448

Dementia Care |
Alzheimer's Hospital

ASSISTED LIVING SERVICES



PORTEA Medical

1800 121 2323 / 080-3355 4554

Elder Care | Critical Care | Nursing |
Trained Attendants



Anvayaa Home Care

+91 7288818181 / 939 2682922

Home Care | Healthcare assistance |
Daily Care | Emergency Care



SAGAR HEALTH SEVA
Care is our core...

Sagar Health Seva

+1800-212-6868

Home Nursing | Home
Physiotherapy | Doctor-on-call |
Trained Caretakers

Please click on the company logo for details.

GROCERY & VEGETABLES

Market Fresh

☎ 97437 66000 &
97439 66000

*Instant delivery of your grocery
and vegetables*



*Mention your delivery PIN code as
560 062*



*For Instant delivery of your grocery
and vegetables*

MEDICINES - HOME DELIVERY

Shantha Pharma

☎ 8867781822 & 99860 03614

*The shop is located on Kanakapura
Road about 5 Km from Suvidha*



Your One-Stop Online Pharmacy.



*India's Leading Online Pharmacy &
Healthcare Platform*

MEDICAL LABORATORY - HOME COLLECTION



☎ 080888 87108

Reliable Laboratory Service



☎ 080-39885050

Free Home Collection



☎ 94498 66287
080 2531 8550 & 080 2559 1947

Very reliable

TAXI SERVICES

Balaji Taxi Services

☎ 080 5077 1881 &
98453 65245

Nandi Taxi

Ravi Gowda
☎ 09980451515

Auto Riksha

Narasimha Raju
☎ 9900327822 / 9980627163